



# LET'S GET MOVING

## Explore More Morning Strolls

### Let's Get Moving: Walk with Seniors

**July 6 • 9 - 11 a.m.**  
Woodsdale Park  
Meet at 1226 Woodsdale Ave

**July 20 • 9 - 11 a.m.**  
Glass City Metropark  
Meet at 1505 Front St

**August 3 • 9 - 11 a.m.**  
Ottawa Park, Ottawa Pkwy

**August 17 • 9 - 11 a.m.**  
Pontiac Preserve  
3200 N Summit St

**August 31 • 9 - 11 a.m.**  
Cullen Park, 4526 N Summit St

### Let's Get Moving: Woodlawn Walkers

**July 15 • 9 - 11 a.m.**  
Woodlawn, Willys, and Liberty Park  
Meet at 1502 Central Ave

**July 29 • 9 - 11 a.m.**  
Woodlawn, Willys, and Liberty Park  
Meet at 1502 Central Ave

**August 12 • 9 - 11 a.m.**  
Woodlawn, Willys, and Liberty Park  
Meet at 1502 Central Ave

**August 26 • 9 - 11 a.m.**  
Woodlawn, Willys, and Liberty Park  
Meet at 1502 Central Ave

## Explore More Evening Walks

### Let's Get Moving: Evening Walks

**June 18 • 6 - 8 p.m.**  
Wildwood Metropark  
5100 Central Ave

**July 16 • 6 - 8 p.m.**  
**Special Nature Walk**  
Pontiac Preserve  
3200 N Summit

**August 13 • 6 - 8 p.m.**  
Fox Glove Park, 4415 Willis Blvd

**August 27 • 6 - 8 p.m.**  
**Outdoor Experience**  
Camp Miakonda  
5600 W Sylvania Ave

### Let's Get Moving: Walk with NAMI

**June 29 • 6:15 - 6:45 p.m.**  
Trilby Park  
3125 Shawnee Rd.

**July 27 • 6:15 - 6:45 p.m.**  
Trilby Park  
3125 Shawnee Rd.

**August 31 • 6:15 - 6:45 p.m.**  
Trilby Park  
3125 Shawnee Rd.



### Let's Get Moving: 5th Anniversary Party

**June 27 • 9 a.m. - 12 p.m.**  
Walbridge Park, 2761 Broadway St.  
Join us for a group walk, fitness activities, health screenings, and more fun!

### Let's Get Moving: Learn Pickleball

**July 9 • 6 - 8 p.m.**  
Jermain Park Pickleball Courts  
Off of Upton Ave.

**July 30 • 6 - 8 p.m.**  
Trilby Park Pickleball Courts  
3125 Shawnee Rd.



## Don't let the fun stop when summer ends! Keep moving:

**Let's Get Moving: Xtreme Hip Hop**  
**September 10 • 6 - 8 p.m.**  
Inez Nash Park Open Shelter  
Must be 18+

**October 22 • 6 - 8 p.m.**  
Jamie Farr Shelter House  
Must be 18+

**Let's Get Moving: Yoga in the Park**  
**October 8 • 6 - 8 p.m.**  
Westwood Park Shelter House  
4065 Airedale Ave.

**Let's Get Moving: Line Dancing**  
**September 24 • 6 - 8 p.m.**  
Wilson Park Shelter House  
3251 Otto Rd.

**November 5 • 6 - 8 p.m.**  
Walbridge Park Shelter House  
2761 Broadway St.



## EXPLORE MORE PARKS

LESS SCROLLING, MORE STROLLING

### Track Your Visits, Win Prizes

Register for the Explore More Pass to track your city park visits! The more you visit, the more points you earn toward prizes.

Sign up at [toledo.oh.gov/explore](https://toledo.oh.gov/explore)

### Let's Get Moving Partners

